Brain Games® Sudoku 1 (Brain Games (Unnumbered))

Lower Your Brain Age in Minutes a Day
**Synopsis**

Brain Games: Sudoku 1 is a collection of more than 300 sudoku puzzles. Part of the popular Brain Games series, the book is designed to help keep your brain cognitively fit, flexible, and young.

Sudoku puzzles add a fresh challenge to your mental workout. Although they are number puzzles, they do not require math skills. The objective of these crosswords without words is to place the numbers 1 through 9 only once in each horizontal row of squares, each vertical column of squares, and each 3x3 square box in the 9x9 grid. The puzzles have some numbers filled in, and you work out the rest. You never have to guess; all the puzzles can be solved by logic.

Brain Games: Sudoku 1 puzzles are sorted into five levels of difficulty. The book's introduction offers helpful tips and techniques for solving the puzzles, starting with the process of elimination. As you work through the sudoku puzzles, you will uncover your own techniques for solving them. Answers to every puzzle are provided at the back of the book. Whether you are new to sudoku or craving a fresh challenge, Brain Games: Sudoku will give your brain a healthy workout. The book features: More than 300 sudoku puzzles, arranged in order of difficulty. Handy, spiral-bound paperback format that you can take anywhere. Answers for each sudoku puzzle are included.

**Book Information**

Series: Brain Games (Unnumbered)

Spiral-bound: 192 pages

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Product Dimensions: 7.2 x 0.8 x 9.1 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars Â· See all reviews Â· (24 customer reviews)

Best Sellers Rank: #35,182 in Books (See Top 100 in Books) #18 in Books > Humor & Entertainment > Puzzles & Games > Sudoku #42 in Books > Humor & Entertainment > Puzzles & Games > Word Games

**Customer Reviews**

This product was the best book of Sudoku I've ever encountered! The spiral bound lets you do the puzzles easily without having to do hand gymnastics to hold the puzzle pages at the right angle. The puzzles are laid out beautifully on the page -- no skinny margins where you can't lie the puzzle
The book is well developed in terms of challenges. From easy to difficult, there is a great selection of puzzles. **DOWNSIDE:** They don’t seem to be publishing this particular Sudoku series any longer. It is such a shame!

I’m a Sudoku fanatic! This is a great spiral bound book of puzzles. I like the layout of the puzzles on the pages which allows you to easily focus on each puzzle individually as you work on them and the size of the printed puzzles is perfect, not too big or small. The heavyweight paper pages are very nice. This book offers 5 levels of difficulty which makes this a versatile book for beginners and seasoned Sudoku enthusiasts like me. Sometimes you only have time for a quickie and the lower level puzzles fit that bill. My husband is a beginner so he sometimes picks up my puzzle books and completes the easier ones.

I’ve been trying to get my wife interested in Sudoku for quite a while, but with no success. I ordered this because it is in large print, something my wife needs, has three levels, from easy to hard and she is now hooked. I was sorry to find though that Brain Games only offers two of the Sudoku (only) books, the rest of their publishing’s have a variety of games under the same cover. This won’t shake me though, my intent is to give those them a chance as well. Happy gaming!

The book is easy to write in because of the spiral binding. The puzzles are large with 2 on each page ranging from easy to difficult. If you like Sudoku and all levels of difficulty, there is nothing to dislike about this book.

This is the perfect size book and we wish there were more like this - spiral on the side and nice variety of puzzles.

Anyone can pick up the book and play, regardless of their different levels of skill. There are many puzzles, easy, medium & hard, so something for everyone.

Got for my wife as a Christmas present, it is a little large, but it is a big hit. Great Sudoku book

This is a wonderful book! So easy to handle because it is a spiral notebook. Also, ALL the puzzles are easily done so when it’s been a rough day, and you need a break, grab this book & ENJOY!!!

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