Mental_floss Sudoku: It's The Brain Candy You've Been Craving!

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**Synopsis**

Sudoku super-master Frank Longo and mental_floss, the magazine for trivia lovers, bring fans a collection of superb puzzles sure to stimulate the brain. Longo's puzzles are always top-notch, and because these increase in difficulty as the book goes along, they're perfect for helping solvers build their skills.

**Book Information**

Age Range: 8 and up
Spiral-bound: 160 pages
Publisher: Puzzlewright; Csm Spi edition (November 6, 2012)
Language: English
ISBN-10: 1402789394
Product Dimensions: 6.6 x 0.4 x 9 inches
Shipping Weight: 12.8 ounces (View shipping rates and policies)
Average Customer Review: 4.8 out of 5 stars Â See all reviews (20 customer reviews)
Best Sellers Rank: #25,386 in Books (See Top 100 in Books) #14 in Books > Humor & Entertainment > Puzzles & Games > Sudoku #8283 in Books > Children's Books

**Customer Reviews**

I like Sudoku. I like to work different levels of puzzles depending on the amount of time I have, my energy level, and my general mood. That makes Frank Longo's mental_floss Sudoku just about the perfect Sudoku collection for me. Puzzles run from "warm-ups" and "very easy" (which, despite their labels, are not slam-dunks for newbies, but which next-level players should easily master) to "very difficult." The most difficult puzzles in the book are quite challenging for me. These don't seem to require the most complex Sudoku solving techniques, but that's more than fine with me.

At the time of this review, I have attempted about half the puzzles at each level in the book, and I have a couple of observations. First, other Sudoku collections I have purchased by more anonymous puzzle constructors tend to feel somewhat repetitive in structure. That means once I have identified a pattern in one puzzle, it makes solving others much easier. I have yet to discover any of Mr. Longo's Sudoku construction "fingerprints" in this collection, making each puzzle a new experience. Second, the range of difficulty itself doesn't seem to me to be as wide as the labels would suggest. For the most part, each section of puzzles does get progressively more difficult, but the additional challenge is not tremendous. [Surprisingly, I have found the "warmups"â presumably the easiest puzzles in
the book to be a bit more challenging than the next level "very easy" puzzles. I love the spiral format. Standard-bound puzzle books are fine for solving at a desk or sitting up, but can get incredibly awkward and unbalanced when laying down and holding the book in one hand, particularly when solving puzzles near the beginning and end of the book. Since I often solve while reclining or laying down, the spiral format is a blessing.

Longo and his buddy whose name I forget are THE go-to guys for Sudoku to be sure, but I love this book. I like doing puzzles in books with spiral bindings so they lie flat, I like the fact that there are only two puzzles per page so each one can be in a bit bigger font, and finally, the quality of the paper is really high...guess you could say I am a purist about my Sudoku books.

Bought this for my husband who is always doing Sudoku puzzles and this is a good one. He really likes that it has the spiral binder wonderful.will look for more like it!

I've been doing sudoku puzzles for years, and this book meets all of my important criteria: thick and bright paper, easily erasable, spiral bound, no wasted space, puzzles are big enough to write several small numbers in a space, and puzzles get slightly more challenging as the game continues. I'm on puzzle 67, so I haven't finished the book, but what I have done has been very fun! I usually work a puzzle when I'm going to bed and when I wake up. Most of the time, I get so engrossed that I do somewhere between 2-4 puzzles in a sitting. I highly recommend this book. Enjoy!

Fun book. Large print a plus.

I purchased this book because I like the binding when I travel. It is easy to use, the puzzles are okay.

Spiral bound is the only one I will buy!

Great workout for the brain, Thanks!!

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Overcome Overeating! (Emotional Eating, Food ... Binge. Will Power, Mindful Eating, Craving) 
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